



Prayer &
FASTING
DEVOTIONAL GUIDE

C O R P O R A T E
**PRAYER
&
FASTING**

WEEK 1: UNIQUELY CREATED: WHO ARE YOU?

Thursday, February 2, 2023

Who are you? The month of February is all about your Identity. Identity is the fact of being who or what a person or thing is. Throughout this month, we will pursue being and becoming who we really are and were really created to be. It starts with overcoming the lies we're constantly being fed and the distortions we're struggling to stand against. Ever-changing standards of beauty will whisper that you're ugly. The man or woman that won't accept you will leave you feeling rejected. The people who refuse to include you will leave you feeling unwanted. The tears you cry, the hurts you nurse, the wounds you bear deep inside your heart will scream you're broken. The horrible mistake you made or that terrible sin you committed will sneer at you, shame you, and say you're unforgivable.

Yet, it doesn't matter what everybody else calls you. It doesn't even matter what you call yourself. Other people aren't qualified to name you. There is only **one** who has the right and privilege to give you Identity!

You are only who God says you are. He is the only one with the authority to Identify you!

"Before I formed you in the womb I knew you, before you were born I set you apart; I appointed you as a prophet to the nations." (Jeremiah 1:5 NIV)

BIBLE READING: Psalm 139:13-15, Matthew 16:13-19

SUGGESTED FORMAT FOR PRAYER

Praise

- Father I praise you for giving me an identity even before I was in my mother's womb
- Thank You Lord for choosing to make me
- Thank You Lord for allowing me to be born
- Thank You Lord for the amazing plan you have for my life

Confession

I am who God says I am. I can do what God says I can do. I can become exactly what God says I can become. I'm not defined by my feelings, my weakness, or my inclinations. And I will not devalue what He has made me to be by comparing it to what seems better and brighter in someone else. I am coming out of the lies. I am coming into the light.

Supplication and Intercession

- Lord I pray that you deliver me from the feeling/spirit of rejection
- Lord help me not to judge my worth and beauty based upon societies standards
- Lord help me realize that you wanted me here and that I have a purpose in life
- Lord shine the light on areas of my life where I've allowed things, people or myself to destroy my identity

Thanksgiving

- Thank You Lord for opening my eyes to my true identity
- Thank You that I'm always accepted and loved in you
- Thank You Lord for restoring my self-esteem

PROMISES TO CLAIM AS YOU PRAY

So God created man in His own image; in the image of God He created him; male and female He created them. (Genesis 1:27)

*"But now, thus says the Lord, who created you, O Jacob, And He who formed you, O Israel:
"Fear not, for I have redeemed you; I have called you by your name; You are Mine."
(Isaiah 43:1)*

"For I know the thoughts that I think toward you, saith the Lord, thoughts of peace, and not of evil, to give you an expected end." (Jeremiah 29:11)

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WEEK 2: UNIQUELY CREATED: HE SEES, HE KNOWS

Thursday, February 9, 2023

NO ONE knows you like your Creator does. You have been intentionally designed, and you are crafted in His image. Every single quirk, uniqueness, weakness, or deficiency that your friends and family know about (and perhaps sometimes have a difficult time understanding or tolerating) is already known by God. But here's the best part: no matter what flaws you have or mistakes you may have made He loves you just the same and intends to use every part of you as an instrument for His glory to be displayed. Every single part. Even the hard-to-accept parts.

BIBLE READING: Psalm 139:1-6, Psalm 139:17-18

SUGGESTED FORMAT FOR PRAYER

Praise

- Thank You Lord for I am fearfully and wonderfully made
- Thank You Lord for making me into Your Image
- Thank You Lord for making me Unique
- Thank You Lord that my flaws don't change your love for me

Confession

I will not run away from my uniqueness; I will fully embrace it because it was purposely designed by God Himself. I'm a masterpiece, an original, made in the image of God. God knows why He made me this way.

Supplication and Intercession

- Lord deliver me, help me divorce myself from people's opinion
- Lord help me see myself the way you see me
- Lord deliver me from all negative words that were spoke against me
- Lord deliver me from every negative word I spoke against myself
- Lord, help me reject any opinion about me that contradicts your truth of who I am

Thanksgiving

- Thank You lord for changing my mindset about my identity
- Thank You Lord for healing my soul
- Thank you Lord for teaching me to speak words of life over myself
- Thank You lord for restoring my self-esteem

PROMISES TO CLAIM AS YOU PRAY

“But now, O Lord, You are our Father; We are the clay, and You our potter; And all we are the work of Your hand.”

(Isaiah 64:8)

““O house of Israel, can I not do with you as this potter?” says the Lord. “Look, as the clay is in the potter’s hand, so are you in My hand, O house of Israel!”” (Jeremiah 18:6)

“For we are God’s masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago.” (Ephesians 2:10)

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WEEK 3: EVEN SIN CAN'T ALTER YOU GOD GIVEN IDENTITY
Thursday, February 16, 2023

Our struggles with sin causes us all kinds of trouble, yes! But they can't keep us from access to a divine remedy! You can come as you are to Christ with total confidence that, even if the struggles continue, you can break your losing streak to them. You can "come as you are" but (this is the great part) not "stay as you are".

Jesus' entire ministry was marked by this approach. He made people feel accepted - many who rarely felt accepted by anyone else- yet Jesus never left them the same afterward.

Today, choose three or more of the following examples and read the passage that accompanies them. Note how Jesus practiced a "Come as You Are" but "Don't stay as You Are" approach with people He encountered.

BIBLE READING:	COME AS YOU ARE	DON'T STAY AS YOU ARE
Woman at the Well	John 4:16-17	John 4:23-26
Adulterous Woman	John 8:3-6	John 8: 10-11
Man with Leprosy	Matthew 8:1-2	Matthew 8:3
Zacchaeus	Luke 19:1-7	Luke 19:8-10
Thomas	John 20:24-25	John 20:27-28
Peter	Matthew 26:31-33	Luke 22:31

SUGGESTED FORMAT FOR PRAYER

Praise

- Thank you, Father, for your forgiveness
- Thank You Lord that even before I change anything you already love me
- Thank You Lord that you'll help me in my process of change
- Thank You Lord the future you have in store for me

Confession

Lord, I submit my entire self to your authority because I want to be conformed into the image of your son, and I want every part of me to be used for your glory. Thank you for choosing me and adopting me into your family. I am yours. Amen.

Supplication and Intercession

- Lord create in me a clean heart o God, and renew a right spirit in me
- Lord deliver me from the love of sin
- Lord help me make the necessary decisions that will help me become more like you
- Lord take away my appetite for carnal things
- Lord give me an appetite for spiritual things

Thanksgiving

- Thank Father for the gift of Jesus-Christ
- Thank You Jesus for dying on the cross for my sins
- Thank You Lord that in you all my failures are erased
- Thank You Lord for giving me your nature and righteousness
- Thank You Lord for calling me your own

PROMISES TO CLAIM AS YOU PRAY

“There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit.” (Romans 8:1)

“Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.” (2 Corinthians 5:17)

“So if the Son sets you free, you are truly free.” (John 8:36)

C O R P O R A T E PRAYER & FASTING

WEEK 4: DEFINED: VALUE STATEMENT

Thursday, February 23, 2023

Take a dollar bill of any amount from your purse or wallet. See how many items of documentation you can locate on its face that proves its authenticity. Check all the ones you find: signature, official seal, year printed, stated dollar value, unique serial number, and others (watermark, city where bill was issued, etc.?)

Why do each of these indicators carry greater importance than the bill's age or condition? What do they represent? What do they prove?

The value of that dollar bill is ascribed by the government that issued it, not by what people do to it. As God's sons and daughters, we don't lose our value merely because we've been through some incredibly difficult circumstances. Hardship, dysfunction, and sin do leave an impact, yes, but not on your value. Your worth and importance to God's kingdom and purpose remain **unchanged**.

BIBLE READING: Ephesians 1&2

SUGGESTED FORMAT FOR PRAYER

Praise

- Thank You Lord for printing my worth deep in my spirit where nothing can damage it
- Thank You Lord that my experiences are in fact added value to my worth
- Thank You Lord that you already paid the price for my restoration
- Thank You Lord for walking me through this process of recovery, even after this month

Confession

Nothing that happened to me or that I did to myself, changed my value because my value is an intricate part of me. I'm worth more than rubies and diamonds, I'm God's child.

Supplication and Intercession

- Lord, please help me truly understand my worth
- Lord, if I've forgotten, please remind me of my worth in you
- Lord help me see the value you gave me by sacrificing your only Son for me
- Lord heal me from anything that damaged my self-esteem

Thanksgiving

- Thank You for healing me from past trauma that caused me to see myself differently
- Thank You Lord that nothing that happened to me changed the value you gave me
- Thank You Lord for restoring my self-esteem

PROMISES TO CLAIM AS YOU PRAY

“How precious also are Your thoughts to me, O God! How great is the sum of them!”

(Psalm 139:17)

“Others were given in exchange for you. I traded their lives for yours because you are precious to me. You are honored, and I love you.” (Isaiah 43:4)

“For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord.”

(Romans 8:38-39)

FASTING GUIDELINES

TYPE OF FAST

We will abstain from all solid foods. for an extended part of the day. Drinking only water from 6AM – 12 Noon or 6AM – 6PM based on your fasting level of comfort. You may eat after your time of fasting has ended for the day.

CORPORATE PRAYER TIMES

Each day we will gather virtually for prayer at 6 a.m. YouTube will be utilized to access prayer virtually.

TV/SOCIAL MEDIA

We will abstain from watching TV and/or engaging on social media from 6 a.m. — 6 p.m.



RESTORATION
house